

## **GO/NO GO SHEET**

DATE:

PILOT		WEATHER
Illness: Am I sick? Medication: Am I taking any medications that are not on the FAA's approved medications list? Stress: Am I experiencing excessive stress? Alcohol: Have I consumed any alcohol in the past 12 hours?	Y/N Y/N Y/N	Current (METAR) Time: Wind: Vis: Sky Cond: Temp/Dew Point: Altimeter: Density Alt:
Fatigue: Have I had enough rest today? Eating: Have I eaten today?	Y/N Y/N	Forecast (TAF) Time: Wind: Vis: Sky Cond:
GO NO GO		GO NO GO

AIRCRAFT	Ī	NOTAI	MS
Tail Number: N Documents: A.R.R.O.W. Inspections: A.V.I.A.T.E. AD'S			
GO	NO GO	GO	NO GO

ALL "GO"?